



WRESTLING CAMP 2010

July 29th, 30th and 31st

• Enterprise High School - Enterprise, Oregon •

FEATURING: Mike Ritchey - Head Wrestling Coach At Southern Oregon University

MIKE RITCHEY



No person has a closer personal and professional connection to the Southern Oregon University wrestling program than Mike Ritchey. In his 26th year of involvement in the Raider program as a competitor or coach, Ritchey is in his 15th season leading the perennial NAIA powerhouse.

The school's first four-time NAIA All-American has guided the Raiders to a 124-52 dual record, seven conference or regional titles and six top-five NAIA finishes. The three-time regional coach-of-the-year has coached nine of SOU's 22 national individual champions, and Ritchey trails only his mentor Bob Riehm on the school's dual victory list. Ritchey's crowning career achievement to date came in March 2001 when the fifth-ranked (and darkhorse) Raiders captured the school's fourth NAIA team championship, and he became only the second coach in school history to earn NAIA coach-of-the-year kudos in the process.

Ritchey's teams regularly take on the nation's best, and his teams have defeated 13 NCAA Div. I opponents in dual encounters. Since taking over as head coach in 1995, SOU has extended its active, record-setting consecutive winning season streak to 35, and he has guided 57 All-Americans and 10 national academic all-stars. The NAIA regional meet was discontinued in 1998 season (and reborn in 2002) after the school had won three straight titles for only the second time in its tradition-rich history, the 1999-2000 team won a Northwest Conference title. His 1998-99 team produced two national champions, seven All-Americans and amassed 133 team points for third-place — enough to win a team title any other year. In 1997-98, Ritchey piloted SOU to an NAIA District II crown, and the next year, two Raiders won national individual titles. The 1995-96 edition spent six weeks as the No. 1 team in the NAIA rankings and finished with a 9-2 record, the school's best since 1990-91.

**2010
Enroll NOW!**

After earning his bachelor's degree in 1990 and following a stint as a congressional aide for Rep. Bob Smith in 1990-91, the Salem native served as an assistant coach for his predecessors, Bob Riehm and Bob Bergen, for five seasons. Ritchey competed at 126 for Riehm from 1985 to '88, and is one of only three SOU student-athletes to earn four-year All-American status. As a senior, he was voted Most Inspirational and led the team to a 15-0 record and a third-place national finish.

TRAVIS AYERS:

Tri-City Wrestling Club - 13 years head coach and director. Travis is also National Freestyle Referee. He will be working with the kids ages 5-12 in a separate area. The instruction will be geared to their abilities.

CAMP GOALS

The comprehensive goal of this camp is to provide technique and information for wrestlers from age 5 through high school age. We will cover all phases of wrestling, from basic to advanced technique. A special area will be provided for instructing those boys age 5-12. Travis Ayers with his many years of experience in wrestling programs will be the instructor.

THE WRESTLERS WILL LEARN BY DOING.

Enrollment form on back page →

SCHEDULE:

THURSDAY July 29th

10:00 a.m. - 12:00 noon Check-in

1:00 p.m. - 4:30 p.m. Instruction

FRIDAY July 30th

9:30 a.m. - 12:00 noon Technique

2:00 p.m. - 4:30 p.m. Technique

SATURDAY July 31st

9:30 a.m. - 12:00 noon Technique

12:00 -1:30 p.m. Camp Tournament

LODGING AND MEALS

Upon receiving registration form, a packet of informational brochures will be sent to you listing all motels, RV Parks and bed and breakfasts in the enterprise and joseph area. Most restaurants in enterprise are within walking distance of the school. Discounts will be offered at many of the motels and restaurants and a list of those participating will also be included .

ENROLLMENT FORM:

RELEASE FORM

NAME _____ AGE _____ PHONE _____

In consideration of the acceptance of this application for registration, I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against N.E. Oregon Wrestling Club or its representatives and/or assignees, for any and all damages that may be sustained and suffered by me in connection with my association with or entry into this camp, and which may arise out of my traveling to, participating in, or returning from the camp. I have had a recent physical examination and have been declared physically fit to participate in this type of vigorous activity. In case of accident or injury, I give my permission for the trainer/camp staff to do what is necessary in their judgment for my health and safety.

Applicant's Signature _____

Parent/Guardian Signature _____

Date _____ Emergency Phone _____

Name (if different from above) _____

REGISTRATION FORM

CAMP COST: \$95.00 (\$85.00 IF REGISTERED BY 6/30/10) LATE APPLICATIONS WILL BE ACCEPTED UNTIL NOON ON 7/29/10. GROUP RATE OF 10 OR MORE \$85.00

CAMP TEE SHIRT AND DVD IS INCLUDED WITH THE REGISTRATION FEE.

CAMP PICTURES TAKEN BY **FLASHBACK PHOTO AND VIDEO** (www.flashbackphotoandvideo.com) WILL BE AVAILABLE FOR \$10.00. PLEASE PAY AT TIME OF REGISTRATION. INDICATE IF YOU WOULD LIKE THE CAMP PHOTO.

YES _____ NO _____

COACHES ARE WELCOME AT NO CHARGE WITH FOUR ATHLETES OR MORE PER COACH

MINIMUM AGE: 5 YEARS OF AGE

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ SCHOOL NAME _____ AGE _____

SHIRT ADULT SIZE (PLEASE CIRCLE ONE).....SMALL MEDIUM LARGE X-LARGE XX-LARGE XXX-LARGE

SHIRT YOUTH SIZE (PLEASE CIRCLE ONE).....SMALL MEDIUM LARGE X-LARGE

TOTAL ENCLOSED \$ _____ IN FULL

PLEASE MAKE CHECKS PAYABLE TO N. E, OREGON WRESTLING CLUB

MAIL REGISTRATION TO:

To register, please mail this form to: Gary Maben/ P.O. Box 238 Joseph, OR. 97846

Questions, please call Gary Maben @541-432-1210 / e-mail- cathy@eoni.com or visit our website at www.neoregonwc.org

IF YOU NEED ADDITIONAL COPIES, PLEASE MAKE PHOTOCOPIES